

Tuesday, September 11, 2018

Dear Families,

This year, Mrs. Bell and I will be organizing Garden Avenue's Kilometer Club. Kilometer Club is a Grade 1 running program that encourages a healthy active lifestyle. **We are looking to add in some Grade 3-6 ROLE MODELS and VOLUNTEERS!** Our Kilometer Club Volunteers will be responsible for leading warm-up routines, encouraging the runners and acting as safe runner role models. This is an excellent way for our young students to learn about volunteerism and helping others. Students will meet in Room 103 at 3:30 and be dismissed from Room 103 at 3:50ish.

Kilometer Club starts next Wednesday, September 19th and will run for 4 weeks (Wed. Sept. 26, Wed. Oct. 3 and Wed. Oct. 10th).

Thanks,
Mrs. Bell and Ms. Cochrane

*Please complete and return the permission form to Ms. Cochrane in Room 104
before Monday September 17th.*

I _____ give permission for _____
(parent's name) (child's name)

to participate in Garden Avenue's Kilometer Club.

Parent's signature and phone number

Date

How would you like your child dismissed?

___ My child will return to Sunnyside Daycare at 4:00 after kilometer club

OR

___ I will pick up my child at 4:00 after kilometer club

OR

___ My child has permission to walk home alone after kilometer club

KM Club Family Note and Permission Form

Tuesday, September 11, 2018

Dear Families,

This year, Mrs. Bell and I will be organizing Garden Avenue's Kilometer Club! Kilometer Club is a Grade 1 after-school running club that encourages an active lifestyle. At 3:30 p.m., Grade 1 students will gather in Room 103 for attendance and a few short warm-ups lead by the older students in our school. After that we run around the perimeter of the schoolyard a few times. Feel free to join in or cheer us all on! All students come back into the school to get a drink and are dismissed from Room 103 at about 3:50ish.

Kilometer Club starts next Wednesday, September 19th and will run for 4 weeks (Wed. Sept. 26, Wed. Oct. 3 and Wed. Oct. 10th).

Thanks,
Mrs. Bell and Ms. Cochrane

Please complete and return the permission form to Ms. Cochrane before Monday, September 17th.

I _____ give permission for _____ in
(parent's name) (child's name)

Room _____ to participate in Garden Avenue's Kilometer Club.

Parent's signature and phone number

Date

____ My child will return to Sunnyside Daycare at 3:50 p.m. after kilometer club

OR

____ I will pick up my child at 3:50 p.m. after kilometer club in Room 103

Please indicate any health/medical issues we should be made aware of below:

